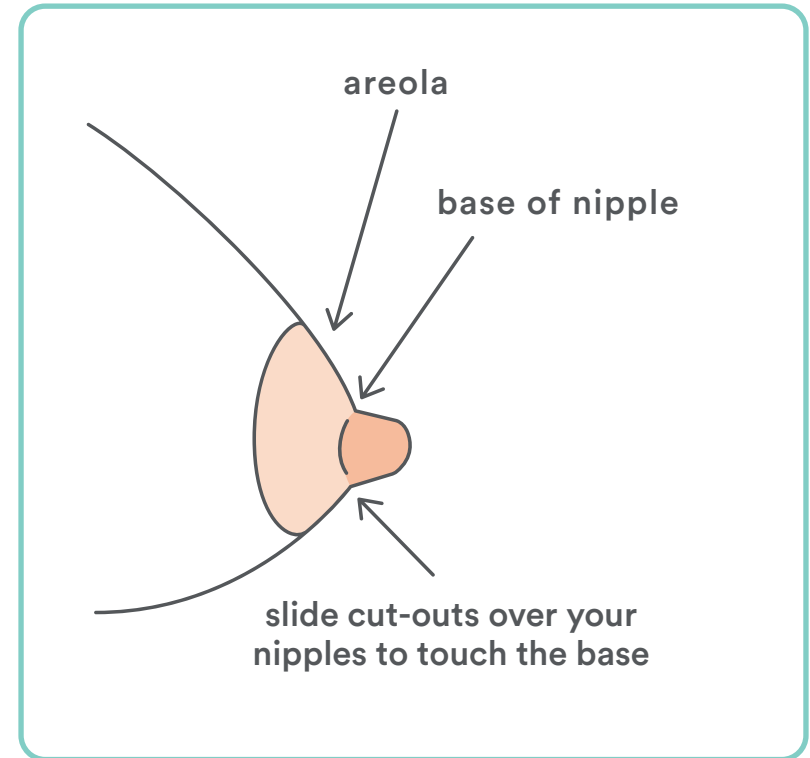




# Printable Sizing Tool

1. Print out this sizing guide at 100% in your print menu. Confirm that the scale is correct by comparing one of the circles below to its corresponding coin.
2. Fold circles in half along dotted line.
3. Carefully cut out each circle.
4. To determine your perfect Willow size:
  - a. Stimulate your nipple until it perks up (don't skip this step!)
  - b. Place your nipples through each hole until the base is touching the edge of the cut-out...think snug fit that's not constricting and no areola showing.
  - c. Determine your size using the chart below.



If your nipple base...

cut out & compare to nipple base diameter

your size

